

9.30.2024



# LAP POOL SCHEDULE

Salina Family YMCA

SUN	MON	TUE	WED	THUR	FRI	SAT
	5:30-11:45 AM Lap/WW		5:30-11:45 AM Lap/WW		5:30-11:45 AM Lap/WW	
	8:00-8:45 Aquacise		8:00-8:45 Aquacise		8:00-8:45 Aquacise	
	11:00-11:45 Aquapower	5:30-1:00 PM Lap Swimming Water Walking	11:00-11:45 Aquapower	5:30-1:00 PM Lap Swimming Water Walking	11:00-11:45 Aquapower	
	BOGA 12:15-12:45PM		BOGA 12:15-12:45PM			8:00 - 4:00 PM Open Swim Lap/WW
1:00 - 4:00 PM Open Swim Lap/WW	1:00-3:30 PM Closed	1:00-3:30 PM Closed	1:00-3:30 PM Closed	1:00-3:30 PM Closed	1:00-3:30 PM Closed	
	3:30 -7:30 PM Lap/WW	3:30 -7:30 PM Lap/WW	3:30 -7:30 PM Lap/WW	3:30 -7:30 PM Lap/WW	3:30 -7:30 PM Lap/WW	
	4:30-5:00 Swim Lessons		4:30-5:00 Swim Lessons			
	4:45-5:30 Aquacise		4:45-5:30 Aquacise			
	5:15-6:00 Swim Lessons		5:15-6:00 Swim Lessons			
4:00 PM Closed	6:00-7:30 PM Open Swim	5:00 -7:30 PM Open Swim	6:00-7:30 PM Open Swim	5:00 -7:30 PM Open Swim	5:00 -7:30 PM Open Swim	4:00 PM Closed
	7:30 PM Closed	7:30 PM Closed	7:30 PM Closed	7:30 PM Closed	7:30 PM Closed	

- Pool hours are being limited due to staffing concerns. We look forward to offering more hours when able.
  - Schedules may change at any time without notice. Please follow all changes/ guidelines as enforced by lifeguards and staff.
  - The Y reserves the right to close the pools early due to inclement weather, low usage of pools by patrons, and staffing issues. We apologize for the inconvenience.
  - Appropriate swimwear is required. Swim attire must be clean, modest, and not transparent. Clean shirts/shorts may be worn in place of or over swimwear. Overly revealing swimwear is not allowed. Swimsuits must be covered when outside of pool and locker room areas.
  - Hot tub:
    - 11 swimmers at a time.
    - Usage limited to two 15 minute cycles.
    - Hot tub will be closed for draining and cleaning Wednesdays 1-5p.
  - Pool space may be limited:
    - One lane is always open for Lap Swimming. Lane availability varies based on activities scheduled, day, and time of day. Swimmers may need to share lanes.
    - Pool capacity is 50 swimmers, with a ratio of 25 swimmers per 1 lifeguard.
- \*BOGA is a free class, but requires advanced sign up due to limited boards.  
 \*\*Saturday BOGA is offered select Saturdays throughout the Winter. Check our website for dates.