



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# BASKETBALL GYM SCHEDULE

Salina Family YMCA • Effective May 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym

## GYM RULES

- Dunking and hanging on basketball goals is not allowed.
- ONLY water is allow in the gyms.
- Please do not use profanity; we are a family facility.

## PICK-UP BASKETBALL

Pick-up basketball games are for ages 18+ and take place Monday-Friday from 12:00-2:00 pm.

## PICKLEBALL

Access to Pickleball equipment is available upon request. Pickleball court open gym times are listed below:

- Monday- Friday 6:30am- Noon
- Sundays- Upon Request

## RACQUETBALL/HANDBALL

Access to racquetball courts is included in YMCA membership, and equipment is available for check out at the front desk.

## BE PART OF A TEAM

Enroll for youth sports like basketball, soccer, football, volleyball, and baseball. Register at the front desk or online at [salinaymca.org](http://salinaymca.org).

## BE A ROLE MODEL

Become a volunteer YMCA Coach. Email Jerod Goodale, Sports Director, [jgoodale@salinaymca.org](mailto:jgoodale@salinaymca.org) for details.